



Bedding

- Sleeping bag, or sheets/blankets for a twin XL bed—MHKC provides the mattress but no bedding
- Pillow

Clothes

- Comfortable clothing for listening to keynotes and lectures indoors
- Rain/snow gear for Scenarios (will happen regardless of weather)
 - Waterproof jacket
 - Waterproof pants
 - Waterproof boots
- Puffy jacket, fleece, or both
- Warm hat and gloves
- Warm socks
- Underwear (never forget underwear!)

Toiletries

- Toothbrush and toothpaste
- Personal hygiene items
- Medications
- Towel and soap for shower
- Deodorant (it's group lodging afterall)

Gear/Other

- Headlamp
- Yaktrax/Microspikes, MHKC staff have said it regularly gets VERY slippery and icy outside
- Pencil/pen/notebook
 - If you like taking notes during lectures and talks
 - Rite-in-the-rain if you plan on taking notes during scenarios and workshops
- Beverage containers!
 - 1 coffee/hot drink mug
 - 1 water bottle
 - 1 vessel for beer/seltzer/cider
 - (can be the same as one of the two above)
 - Optional: Glass jar (there will be a fun painting station)
- Personal First Aid kit (optional)
 - Practice with your own kit, know what you have, and compare with others